

# RADD

## Recreational Activities for the Developmentally Disabled

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### Adult Initial Assessment

The following questions are designed to help us know where our clients are functioning at within our programs, and also give us a basis for measuring progress in a variety of areas. This information is important for us and our funders. Please complete all questions.

Please rate the client using the following scale, circle the correct number for each statement.

1. Requires full assistance to complete/demonstrate the task
2. Requires prompting to complete/demonstrate the task
3. Completes/demonstrates the task without prompting
4. Independently completes/demonstrates the task in all settings and situations

Skill	Rating	Skill	Rating
Toilets self	1 2 3 4	Gets own bowling ball	1 2 3 4
Feeds self	1 2 3 4	Gets bowling shoes from counter	1 2 3 4
Bathes self	1 2 3 4	Finds assigned bowling lane	1 2 3 4
Dresses self	1 2 3 4	Bowls when it's their turn	1 2 3 4
Tends to personal hygiene (i.e. brushing teeth, deodorant, etc.)	1 2 3 4	Checks in at sign-in table at events	1 2 3 4
Makes the bed	1 2 3 4	Orders and pays for concessions	1 2 3 4
Performs basic cleaning/chores (vacuuming, dusting, laundry, etc.)	1 2 3 4	Gets materials needed to complete a task	1 2 3 4
Sets the table	1 2 3 4	Participates in assigned activities	1 2 3 4
Uses acceptable table manners		Engages in exercise and fitness	1 2 3 4
Prepares a simple snack	1 2 3 4	Responds to simple introductions and answers simple questions	1 2 3 4
Prepares a simple meal/recipe	1 2 3 4	Initiates peer interactions	1 2 3 4
Practices healthy eating habits	1 2 3 4	Resolves conflicts with others	1 2 3 4
Uses cooking utensils safely	1 2 3 4	Is willing to try new things	1 2 3 4
Washes dishes	1 2 3 4	Gives and receives compliments	1 2 3 4
Follows safety rules	1 2 3 4	Respects individual differences	1 2 3 4
Handles money/makes purchases	1 2 3 4	Assumes responsibility for self	1 2 3 4
Uses public transportation	1 2 3 4	Expresses thoughts, feelings, beliefs, and desires	1 2 3 4